

September

St. Charles Borromeo

FOOD IN FOCUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School Labor Day 2	Soft Beef Taco Fiesta Rice Golden Corn Sweet Strawberries 3	Toasted Beef Ravioli Steamed Broccoli Breadstick Mini Rice Krispies Treat 4	Dinosaur Chicken Nuggets Smiley Fries Pineapple Jiggling Jell-O 5	Stadium Style Hot Dog Tater Tots Carrots Creamy Sherbet 6
Waffle Sausage Strawberry Yogurt Blueberries 9	Orange Chicken OR Chicken Nuggets with Steamed White Rice Seasoned Broccoli Fortune Cookie 10	Hamburger on a Bun French Fries Orange Wedges Mini Rice Krispies Treat 11	Classic Baked Lasagna Green Beans Garlic Breadstick Fresh Apples 12	No Lunch 13
Cheese Omelet Golden Hash Browns Bacon Strawberries 16	Crispy Nachos with Cheese Carrots Frozen Mixed Fruit Vanilla Wafers 17	Garlic Buttered Noodles OR Chicken Caesar Wrap with Caesar Salad Garlic Breadstick Fresh Apples 18	Popcorn Chicken Green Beans Tater Tots Pineapple 19	Bellacino's Pepperoni Pizza Orange Wedges Cookies 20
Fluffy Pancake Pork Sausage Link Mango Creamy Yogurt 23	Mini Chicken Tacos Fiesta Rice Golden Corn Frosty Strawberries 24	Cheese Stuffed Bosco Stick Broccoli Orange Wedges Chocolate Chip Cookie 25	Grilled Cheese Tomato Soup Apple Slices Creamy Pudding 26	Breaded Chicken Patty Smiley French Fries California Veggies Pineapple 27
Jimmy John's Ham & Cheese or Turkey & Cheese Chips Teddy Grahams 30	<h3>Did you know?</h3> <p>818 hot dogs are eaten every second in the U.S. between Memorial Day and Labor Day.</p>			

Plate Lunch Prices
 Pre-School \$ 3.25
 Grades K-2nd \$ 4.75
 Grades 3rd-8th \$ 5.10
 Extra Entrée \$2.00
 Ala Carte Milk or Bottled Water \$.50

Alternatives
 Monday-BLT Salad
 Tuesday-Taco Salad
 Wednesday-Buffero Chicken Salad
 Thursday-Chef Salad
 Friday- Chicken Caesar Salad

Please check your Meal Magic account. Thank you.

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

